



May 2026 -- *Thetford* PATCHWORK NEWS

IMPORTANT INFORMATION FOR OUR SENIORS

STITCHED TOGETHER BY THETFORD ELDER NETWORK (TEN)

* If you would like to have more senior-related information to be included in the newsletter, please let us know by calling or emailing

Erin Ward at (802)356-9764 / yogaeward01@gmail.com *

Saturday, June 20th...SAVE THE DATE for the SQC!

***SQC: Thetford's 'Semi-Quin-Centennial' Celebration -**

Saturday, June 20, 2026 *on the Thetford Green**

Please see exciting 'SQC' event information on the attached page!

TEN MONTHLY LUNCHEON – Thursday, May 28, 11:30 – 1:00

@'New Suns Community Center' in North Thetford (formerly North Thetford Church)

The menu:

Appetizer: Chips & Salsa

Taco Shell / Beef / Vegetarian Refried Beans / Mandarin oranges

Dessert: Mexican Brownies 😊

Please *arrive by noon*, as the meal is served no later.

If you need a ride, please call 1-802-785-4831

Next month's luncheon will be on *Thursday, June 25, 2026**

****The TEN monthly luncheon is usually held on the fourth Thursday of each month****

TEN COFFEE KLATCH on *Wednesday, May 13th from 10:00 - 11:30* at TCCC

****We meet every second Wednesday of the month at Thetford Center Community Center****

Please join us for coffee, tea & treats while you get to know your neighbors,

Next month's Coffee Klatch will be on *Wednesday, June 10, 2026*

***ELDER TAI CHI*:** Tai Chi instructor, Ursula Austin, has taken some time off. A notice that classes will resume will be posted on the ListServ. Once classes resume they will be held every Friday, from 9:00 - 10:00 a.m. at the TCCA. Reserve the spot on your calendar. Please reach out to Pat Pisano with questions at govehillpisano@gmail.com

SENIOR MOVIE MORNING*: Tuesday, May 19th, 10:30 am at Latham Library:

Join us at the Latham Library where attendees will select a movie to enjoy! 😊

Latham Library and Thetford Elder Network invites you to the handicapped-accessible and well-ventilated Community room of the library for a free movie shown on the large screen.

TRANSPORTATION: Tri-Valley Transit's "**Ticket to Ride**" program provides transportation to medical appointments, the pharmacy and the grocery store for older adults and people with disabilities. **To request a ride, call 802-728-3773.**

MEALS ON WHEELS: *Bugbee Senior Center* in White River Junction still has openings for daily lunches to be delivered to homes. Call Bugbee at 802-295-9068.

FOOD SOURCES: Thetford's **Food Shelf** provides canned and boxed goods, fresh fruit and vegetables, local meat, paper goods, soap and personal care items. Located in the lower-level of the town hall, it is open **Tuesday** and **Thursday** from **10 – 12**. For more information, email thetfordfoodshelf25@gmail.com

FINANCIAL ASSISTANCE through the *Thetford Farm Trust*: The Thetford Town Service Officer may be called upon by any resident of Thetford in need of help with payments for rent, transportation, fuel, utilities, medical and dental expenses, phone, home repairs or other emergency situations. All requests are confidential. Call *Jessica Eaton* at **802-333-9491**

THETFORD SOCIAL SERVICE COORDINATOR: *Liz Carey*, of Senior Solutions, is available to assist with navigating Aging resources, benefits and services! She can be reached by calling (802)773-7017 or emailing lcarey@seniorsolutionsvt.org

WALKING: The TEN Senior Walking group meets every **Friday morning at 10:00** in the parking lot of Latham Library for invigorating local walks, fresh air and companionship. For info., please call *Suzi* at **802-785-4029**; leave a message with your name & phone number.

BONES / EXERCISE: No teaching, just working together on keeping (or getting) your body in shape. The group meets every **Tuesday and Thursday at 9:00** am at the TCCC.

COMMUNITY NURSE of THETFORD: Clay Odell, RN, provides support, guidance and education to individuals and families dealing with issues affecting their health & well-being. Call *the Community Nurse* at **802-738-9066** or email communitynursethetford@gmail.com

Foot Clinic appointments by Beverly Sinclair, RN (@TCC) are scheduled to take place on Wednesday, June 24. This \$40 service includes foot soak, nail trimming, callus treatment, lotion & foot massage. *Reserve appointment space by contacting Beverly Sinclair, RN @ (802)449-7385 or bev@sinclair-chiro.com.



FREE EVENTS

SQC = SemiQuinCentennial = 250

The year 2026 marks the 250th anniversary of the signing of the Declaration of Independence and the formation of the United States of America.

Thetford SQC is an ad hoc group organizing community events in all of the villages of Thetford in 2026. Activities are supported by the Brian J Boland Memorial Foundation, and with a grant from the Vermont Arts Council, which receives support in part from the National Endowment for the Arts, a federal agency, and the State of Vermont 250th Anniversary Celebration Commission.

Email ThetfordSQC@gmail.com
with ideas and questions and watch the website
ThetfordVTSQC.weebly.com

SEMI-QUIN-CENTENNIAL (SQC) EVENTS

ART SHOW & MAKERS FAIR - CALL FOR ARTISTS / VENDORS

Small Art depicting Thetford Then, Now, and Future
Artisans selling hand made natural material items available in the 1800's
For event in Thetford Center on June 20th
Email ThetfordVTWelcome@gmail.com for more information

MAY 2, 2026

Connections to Thetford, VT by Dave Briggs
5 pm Potluck and 7 pm Presentation at TCCA

MAY 25, 2026

Daughters of the American Revolution
Monument Rededication and Wreath Laying

JUNE 20, 2026

Thetford Center Celebration On the Green

AUGUST 8, 2026

Farming in centuries past - Tours & panel discussion

AUGUST 15, 2026

Bean Hole Dinner and Lyme Town Band at Post Mills Church

SEPTEMBER 7, 2026

Post Mills Labor Day Parade

w/ Village Floats & SQC Celebration theme.



Join us for the next planning meeting
at Town Hall on Second Sundays at 6 pm

**Jim Arnosky visit
in June !**